

## Final Results - General Classification

## De Hoek - Swartberg

Category	Pos	No	Cat	Name	ProI	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
Open Men	1	T60	Men	Soul Running	00.38.39	03.12.59	02.27.05	01.24.00	07.42.43	4		601 Mauritz Jansen Van Rensburg - 602 Johannes Rossouw
	2	T18	Men	Comeback	00.42.13	03.15.28	02.31.50	01.31.13	08.00.44	4		181 Kobus Maree - 182 Ryan Hodierna
	3	T7	Men	Cycle Lab Pepto Pro	00.43.45	03.38.35	02.57.43	01.45.48	09.05.51	4		71 David Labuschagne - 72 Joseph Labuschagne
	4	T52	Men	Wilde 2	00.55.46	04.21.12	03.12.57	01.46.56	10.16.51	4		521 Blake Dyason - 522 Dean Brons
	5	T23	Men	Jog Awn	00.51.06	04.23.28	03.09.22	02.05.03	10.28.59	4		231 Garrick Jones - 232 Paul Grater
	6	T20	Men	Chip & Putt	00.51.13	04.28.51	03.17.46	01.53.12	10.31.02	4		201 Paul Johnson - 202 Gareth Jacobson
	7	T38	Men	C T S	00.59.15	04.58.46	03.19.48	01.56.30	11.14.19	4		381 Michael Mey - 382 Derek Evason
	8	T24	Men	J & B	00.51.07	04.47.55	03.47.20	02.15.36	11.41.58	4		241 Bertie Janse Van Rensburg - 242 Jacques Tulleken
	9	T42	Men	Niflas Wingate Masters	00.50.05	05.15.24	03.34.50	02.19.40	11.59.59	4		421 Johan Van Wyk - 422 Paul Pelsler
	10	T53	Men	New Kids	01.02.09	04.56.42	04.06.38	02.23.34	12.29.03	4		531 Alvaro De Nobrega - 532 Adri Viljoen
	11	T15	Men	Meerkatte	00.53.04	05.54.30	04.41.20	02.41.33	14.10.27	4		151 Jacobus Le Grange - 152 Andre Britz
Category	Pos	No	Cat	Name	ProI	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
Open Women	1	T63	Wom	Sisters With Blisters	00.48.46	03.54.34	03.01.12	01.47.46	09.32.18	4		631 Lisl Grobler - 632 Lodelia Odendaal
	2	T54	Wom	Tuffy Team	00.49.24	04.01.13	03.12.54	01.50.12	09.53.43	4		541 Freda Walters - 542 Alisha Crous
	3	T49	Wom	Partners In Crime	00.49.05	04.10.59	03.04.05	01.53.49	09.57.58	4		491 Jana Trojan - 492 Tracy Forbes
	4	T12	Wom	32 A A	00.49.34	04.52.27	02.58.02	01.44.40	10.24.43	4		121 Alison Jordaan - 122 Annatjie Botes
	5	T47	Wom	Nexus	00.53.15	04.25.05	03.28.49	02.08.00	10.55.09	4		471 Nicole Faul - 472 Claudia Freeman
	6	T1	Wom	The Early Birds	00.53.54	04.46.09	03.28.29	02.04.38	11.13.10	4		11 Bev Mackintosh - 12 Serena Haupt
	7	T48	Wom	Toe Jammers	00.59.46	05.10.56	03.28.05	02.06.19	11.45.06	4		481 Liesel Battell - 482 Tessa Tanner
	8	T28	Wom	We Are Young	00.59.02	05.14.25	03.27.04	02.08.35	11.49.06	4		281 Sonja Zittlau - 282 Susan Doubell
	9	T14	Wom	George Girls	00.59.21	05.14.25	03.36.55	02.14.59	12.05.40	4		141 Mignon Roodt - 142 Sonja Wolfaardt
	10	T40	Wom	Underarmour	00.59.32	05.37.25	03.40.29	02.07.14	12.24.40	4		401 Claire Van Der Nest - 402 Kerry Buhr
	11	T43	Wom	Faster Than Snails	00.59.44	05.09.28	03.52.36	02.25.47	12.27.35	4		431 Elsie Esterhuizen - 432 Christa Venter
	12	T9	Wom	Thundercats	01.00.29	05.25.53	03.57.38	02.21.17	12.45.17	4		91 Shirley Milne - 92 Marinda Lindeque
	13	T41	Wom	Girls-To-Roam	01.02.02	05.16.23	04.00.11	02.38.51	12.57.27	4		411 Tania Durr - 412 Jo Van Dyk
	14	T34	Wom	2C'S	01.04.27	05.23.35	04.09.55	02.31.44	13.09.41	4		341 Cindy Bessell - 342 Charlene Oelschig
	15	T44	Wom	Silver Lining	01.04.03	06.08.22	04.04.17	02.29.50	13.46.32	4		441 Stacey Swigelaar - 442 Alida Tallie
	16	T33	Wom	R O M A	01.00.35	05.32.43	04.27.03	02.50.01	13.50.22	4		331 Nadia Terblanche - 332 Ronelle Martin
	17	T27	Wom	Thunder Storm	01.04.45	06.11.07	04.27.24	02.46.46	14.30.02	4		271 Helene Swanepoel - 272 Alicia Bock
	18	T37	Wom	Brenton Babes	01.13.35	07.17.08	05.12.31	02.55.46	16.39.00	4		371 Sarie Exton - 372 Annemarie Vermaak
	19	T26	Wom	Thunderbirds	01.15.35	07.58.22	05.35.30	03.15.29	18.04.56	4		261 Tracey Le Roux - 262 Margie Richter-Wilmot
	20	T21	Wom	Groovey Grannies	01.24.14	09.12.53	05.40.56	03.23.01	19.41.04	4		211 Geraldine Loftie-Eaton - 212 Cecilia Swiegers
Category	Pos	No	Cat	Name	ProI	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
Open Mixed	1	T32	Mix	32Gi	00.39.56	03.26.54	02.34.17	01.33.56	08.15.03	4		321 Liza Bright - 322 Michael Kingston
	2	T22	Mix	Freaky2	00.49.55	03.54.00	02.55.47	01.49.14	09.28.56	4		221 Tania Esterhuizen - 222 Anton Esterhuizen
	3	T29	Mix	The Thunderbolts	00.48.18	04.12.14	02.51.23	01.46.16	09.38.11	4		291 Chris Van Der Walt - 292 Katherine Van Der Walt
	4	T46	Mix	Van Zijl'S	00.50.54	04.09.35	02.53.01	01.52.58	09.46.28	4		461 Melindie Van Zijl - 462 Tinus Van Zijl
	5	T17	Mix	Woelige Wentzels	00.51.33	04.20.40	03.03.27	01.52.42	10.08.22	4		171 Rassie Wentzel - 172 Karen Wentzel
	6	T35	Mix	Alma	00.57.00	04.07.54	03.11.39	01.54.49	10.11.22	4		351 Gary Tullis - 352 Emily Tullis
	7	T59	Mix	Dynaforce	00.53.54	04.16.24	03.13.38	01.54.57	10.18.53	4		591 Liezel Leonard - 592 Danie Leonard
	8	T36	Mix	Loop En Val	00.53.17	04.11.50	03.19.18	01.55.46	10.20.11	4		361 Ronelle Bester - 362 Gideon Redelinghuis
	9	T25	Mix	Jbay Joggers	00.50.40	04.20.42	03.15.22	01.54.31	10.21.15	4		251 Carin Du Preez - 252 Ryno Du Preez
	10	T8	Mix	John + Odessa	00.45.58	03.57.08	03.55.00	01.58.30	10.36.36	4		81 Odessa Perelson - 82 John Mckay
	11	T61	Mix	Francois - Izabelle	00.55.30	04.39.58	03.25.57	02.05.21	11.06.46	4		611 Francois Moller - 612 Izabelle Wiid
	12	T56	Mix	Jessie - Douglas	00.54.01	04.49.41	03.21.21	02.11.35	11.16.38	4		561 Jessie Davey - 562 Douglas Davey
	13	T62	Mix	Gr8T Escape	00.57.05	05.03.39	03.25.58	02.03.30	11.30.12	4		621 Lindie Van Wyk - 622 Karel Van Wyk
	14	T55	Mix	Mossies	01.01.26	05.05.56	03.33.36	02.05.52	11.46.50	4		551 Pierre Mostert - 552 Susan Mostert
	15	T10	Mix	Van Eyk Mix	01.00.19	04.57.05	03.53.28	02.10.35	12.01.27	4		101 Dewald Van Eyk - 102 Marle Van Eyk
	16	T39	Mix	Aucamp & Wilsdorf Physios	00.58.14	05.05.17	03.42.32	02.22.55	12.08.58	4		391 Robin Samuel - 392 Annegret Wilsdorf
	17	T5	Mix	Hishin	00.59.20	05.12.08	03.52.22	02.25.27	12.29.17	4		51 Catherine Hishin - 52 Guy Hishin
	18	T50	Mix	Alpinrunner.Ch	00.55.45	05.26.09	03.50.42	02.18.00	12.30.36	4		501 Peter Altmann - 502 Beatrice Altmann
	19	T30	Mix	R2-D2	01.03.06	05.36.11	03.50.51	02.12.06	12.42.14	4		301 Diana Mouton - 302 Rudy Koen
	20	T31	Mix	Cycle Lab Pepto Pro Masters	01.06.50	06.29.21	04.49.39	02.26.10	14.52.00	4		311 Nicholaas Claassen - 312 Mae Claassen
	21	T4	Mix	Mansgenoeg Deur Jesus	01.07.26	06.29.30	04.24.58	02.50.27	14.52.21	4		41 Charl Van Der Merwe - 42 Lindi Van Der Merwe
	22	T3	Mix	E En E	01.07.10	06.29.53	04.40.55	02.50.29	15.08.27	4		31 Elzet Bezuidenhout - 32 Eugene Bezuidenhout
Category	Pos	No	Cat	Name	ProI	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
Overall All Teams	1	T60	Men	Soul Running	00.38.39	03.12.59	02.27.05	01.24.00	07.42.43	4		601 Mauritz Jansen Van Rensburg - 602 Johannes Rossouw
	2	T18	Men	Comeback	00.42.13	03.15.28	02.31.50	01.31.13	08.00.44	4		181 Kobus Maree - 182 Ryan Hodierna
	3	T32	Mix	32Gi	00.39.56	03.26.54	02.34.17	01.33.56	08.15.03	4		321 Liza Bright - 322 Michael Kingston
	4	T7	Men	Cycle Lab Pepto Pro	00.43.45	03.38.35	02.57.43	01.45.48	09.05.51	4		71 David Labuschagne - 72 Joseph Labuschagne
	5	T22	Mix	Freaky2	00.49.55	03.54.00	02.55.47	01.49.14	09.28.56	4		221 Tania Esterhuizen - 222 Anton Esterhuizen
	6	T63	Wom	Sisters With Blisters	00.48.46	03.54.34	03.01.12	01.47.46	09.32.18	4		631 Lisl Grobler - 632 Lodelia Odendaal
	7	T29	Mix	The Thunderbolts	00.48.18	04.12.14	02.51.23	01.46.16	09.38.11	4		291 Chris Van Der Walt - 292 Katherine Van Der Walt
	8	T46	Mix	Van Zijl'S	00.50.54	04.09.35	02.53.01	01.52.58	09.46.28	4		461 Melindie Van Zijl - 462 Tinus Van Zijl
	9	T54	Wom	Tuffy Team	00.49.24	04.01.13	03.12.54	01.50.12	09.53.43	4		541 Freda Walters - 542 Alisha Crous
	10	T49	Wom	Partners In Crime	00.49.05	04.10.59	03.04.05	01.53.49	09.57.58	4		491 Jana Trojan - 492 Tracy Forbes
	11	T17	Mix	Woelige Wentzels	00.51.33	04.20.40	03.03.27	01.52.42	10.08.22	4		171 Rassie Wentzel - 172 Karen Wentzel
	12	T35	Mix	Alma	00.57.00	04.07.54	03.11.39	01.54.49	10.11.22	4		351 Gary Tullis - 352 Emily Tullis
	13	T52	Men	Wilde 2	00.55.46	04.21.12	03.12.57	01.46.56	10.16.51	4		521 Blake Dyason - 522 Dean Brons
	14	T59	Mix	Dynaforce	00.53.54	04.16.24	03.13.38	01.54.57	10.18.53	4		591 Liezel Leonard - 592 Danie Leonard
	15	T36	Mix	Loop En Val	00.53.17	04.11.50	03.19.18	01.55.46	10.20.11	4		361 Ronelle Bester - 362 Gideon Redelinghuis
	16	T25	Mix	Jbay Joggers	00.50.40	04.20.42	03.15.22	01.54.31	10.21.15	4		251 Carin Du Preez - 252 Ryno Du Preez
	17	T12	Wom	32 A A	00.49.34	04.52.27	02.58.02	01.44.40	10.24.43	4		121 Alison Jordaan - 122 Annatjie Botes
	18	T23	Men	Jog Awn	00.51.06	04.23.28	03.09.22	02.05.03	10.28.59	4		231 Garrick Jones - 232 Paul Grater

### Final Results - General Classification

### De Hoek - Swartberg

Category	Pos	No	Cat	Name	Pro1	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners	
Overall All Teams	19	T20	Men	Chip & Putt	00.51.13	04.28.51	03.17.46	01.53.12	10.31.02	4		201 Paul Johnson - 202 Gareth Jacobson	
	20	T8	Mix	John + Odessa	00.45.58	03.57.08	03.55.00	01.58.30	10.36.36	4		81 Odessa Perelson - 82 John Mckay	
	21	T47	Wom	Nexus	00.53.15	04.25.05	03.28.49	02.08.00	10.55.09	4		471 Nicole Faul - 472 Claudia Freeman	
	22	T61	Mix	Francois - Izabelle	00.55.30	04.39.58	03.25.57	02.05.21	11.06.46	4		611 Francois Moller - 612 Izabelle Wiid	
	23	T1	Wom	The Early Birds	00.53.54	04.46.09	03.28.29	02.04.38	11.13.10	4		11 Bev Mackintosh - 12 Serena Haupt	
	24	T38	Men	C T S	00.59.15	04.58.46	03.19.48	01.56.30	11.14.19	4		381 Michael Mey - 382 Derek Evason	
	25	T56	Mix	Jessie - Douglas	00.54.01	04.49.41	03.21.21	02.11.35	11.16.38	4		561 Jessie Davey - 562 Douglas Davey	
	26	T62	Mix	Gr8T Escape	00.57.05	05.03.39	03.25.58	02.03.30	11.30.12	4		621 Lindie Van Wyk - 622 Karel Van Wyk	
	27	T24	Men	J & B	00.51.07	04.47.55	03.47.20	02.15.36	11.41.58	4		241 Bertie Janse Van Rensburg - 242 Jacques Tulleken	
	28	T48	Wom	Toe Jammers	00.59.46	05.10.56	03.28.05	02.06.19	11.45.06	4		481 Liesel Battell - 482 Tessa Tanner	
	29	T55	Mix	Mossies	01.01.26	05.05.56	03.33.36	02.05.52	11.46.50	4		551 Pierre Mostert - 552 Susan Mostert	
	30	T28	Wom	We Are Young	00.59.02	05.14.25	03.27.04	02.08.35	11.49.06	4		281 Sonja Zittlau - 282 Susan Doubell	
	31	T42	Men	Nifas Wingate Masters	00.50.05	05.15.24	03.34.50	02.19.40	11.59.59	4		421 Johan Van Wyk - 422 Paul Pelser	
	32	T10	Mix	Van Eyk Mix	01.00.19	04.57.05	03.53.28	02.10.35	12.01.27	4		101 Dewald Van Eyk - 102 Marie Van Eyk	
	33	T14	Wom	George Girls	00.59.21	05.14.25	03.36.55	02.14.59	12.05.40	4		141 Mignon Roodt - 142 Sonja Wolfaardt	
	34	T39	Mix	Aucamp & Wilsdorf Physios	00.58.14	05.05.17	03.42.32	02.22.55	12.08.58	4		391 Robin Samuel - 392 Annegret Wilsdorf	
	35	T40	Wom	Underarmour	00.59.32	05.37.25	03.40.29	02.07.14	12.24.40	4		401 Claire Van Der Nest - 402 Kerry Buhr	
	36	T43	Wom	Faster Than Snails	00.59.44	05.09.28	03.52.36	02.25.47	12.27.35	4		431 Elsie Esterhuizen - 432 Christa Venter	
	37	T53	Men	New Kids	01.02.09	04.56.42	04.06.38	02.23.34	12.29.03	4		531 Alvaro De Nobrega - 532 Adri Viljoen	
	38	T5	Mix	Hishin	00.59.20	05.12.08	03.52.22	02.25.27	12.29.17	4		51 Catherine Hishin - 52 Guy Hishin	
	39	T50	Mix	Alpinrunner.Ch	00.55.45	05.26.09	03.50.42	02.18.00	12.30.36	4		501 Peter Altmann - 502 Beatrice Altmann	
	40	T30	Mix	R2-D2	01.03.06	05.36.11	03.50.51	02.12.06	12.42.14	4		301 Diana Mouton - 302 Rudy Koen	
	41	T9	Wom	Thundercats	01.00.29	05.25.53	03.57.38	02.21.17	12.45.17	4		91 Shirley Milne - 92 Marinda Lindeque	
	42	T41	Wom	Girls-To-Roam	01.02.02	05.16.23	04.00.11	02.38.51	12.57.27	4		411 Tania Durr - 412 Jo Van Dyk	
	43	T34	Wom	2C'S	01.04.27	05.23.35	04.09.55	02.31.44	13.09.41	4		341 Cindy Bessell - 342 Charlene Oelschig	
	44	T44	Wom	Silver Lining	01.04.03	06.08.22	04.04.17	02.29.50	13.46.32	4		441 Stacey Swigelaar - 442 Alida Tallie	
	45	T33	Wom	R O M A	01.00.35	05.32.43	04.27.03	02.50.01	13.50.22	4		331 Nadia Terblanche - 332 Ronelle Martin	
	46	T15	Men	Meerkatte	00.53.04	05.54.30	04.41.20	02.41.33	14.10.27	4		151 Jacobus Le Grange - 152 Andre Britz	
	47	T27	Wom	Thunder Storm	01.04.45	06.11.07	04.27.24	02.46.46	14.30.02	4		271 Helene Swanepoel - 272 Alicia Bock	
	48	T31	Mix	Cycle Lab Pepto Pro Masters	01.06.50	06.29.21	04.49.39	02.26.10	14.52.00	4		311 Nicholaas Claassen - 312 Mae Claassen	
	49	T4	Mix	Mansgenoeg Deur Jesus	01.07.26	06.29.30	04.24.58	02.50.27	14.52.21	4		41 Charl Van Der Merwe - 42 Lindi Van Der Merwe	
	50	T3	Mix	E En E	01.07.10	06.29.53	04.40.55	02.50.29	15.08.27	4		31 Elzet Bezuidenhout - 32 Eugene Bezuidenhout	
	51	T37	Wom	Brenton Babes	01.13.35	07.17.08	05.12.31	02.55.46	16.39.00	4		371 Sarie Exton - 372 Annemarie Vermaak	
	52	T26	Wom	Thunderbirds	01.15.35	07.58.22	05.35.30	03.15.29	18.04.56	4		261 Tracey Le Roux - 262 Margje Richter-Wilmot	
	53	T21	Wom	Groovey Grannies	01.24.14	09.12.53	05.40.56	03.23.01	19.41.04	4		211 Geraldine Loftie-Eaton - 212 Cecilia Swiegers	
	Category	Pos	No	Cat	Name	Pro1	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
	Solo Men	1	77	SM	Lucky Miya	00.32.46	02.14.36	01.56.50	01.02.34	05.46.46	4		Lucky Miya
		2	641	SM	Etienne Plaatjies	00.32.07	02.27.12	01.55.22	01.08.26	06.03.07	4		
		3	79	SM	Jethro De Decker	00.37.03	02.51.55	02.19.58	01.27.04	07.16.00	4		Jethro De Decker
		4	21	SM	Ludwig Lillie	00.38.12	02.54.22	02.24.08	01.21.36	07.18.18	4		Ludwig Lillie
		5	71	SM	Jacques Jantjies	00.38.00	02.59.50	02.22.55	01.31.04	07.31.49	4		Jacques Jantjies
		6	76	SM	Mazu Ndandani	00.39.08	02.59.33	02.23.40	01.35.00	07.37.21	4		Mazu Ndandani
		7	70	SM	Hendry Hector	00.38.27	03.05.23	02.20.37	01.33.37	07.38.04	4		Hendry Hector
		8	14	SM	Filippo Faralla	00.38.58	03.02.13	02.29.38	01.29.27	07.40.16	4		Filippo Faralla
		9	40	SM	Jacques Botes	00.37.03	03.18.50	02.21.45	01.23.46	07.41.24	4		Jacques Botes
		10	27	SM	Echardt Visser	00.40.36	03.19.42	02.30.02	01.28.29	07.58.49	4		Echardt Visser
		11	81	SM	Morne Nel	00.40.46	03.17.47	02.36.51	01.34.43	08.10.07	4		Morne Nel
		12	90	SM	Piet Fortuin	00.43.47	03.17.12	02.30.43	01.44.11	08.15.53	4		Piet Fortuin
		13	10	SM	Marius Hitge	00.41.28	03.29.32	02.38.46	01.32.05	08.21.51	4		Marius Hitge
		14	91	SM	Daniel Terblanche	00.41.16	03.28.53	02.40.57	01.38.27	08.29.33	4		Daniel Terblanche
		15	6	SM	Garry Wilford	00.44.17	03.34.15	02.38.07	01.41.41	08.38.20	4		Garry Wilford
		16	45	MF	Keith Buhr	00.43.01	03.44.24	02.36.42	01.39.45	08.43.52	4		Keith Buhr
		17	80	SM	Jean Wright	00.40.00	03.51.31	02.39.18	01.33.42	08.44.31	4		Jean Wright
18		89	SM	Arrie Peterson	00.47.19	03.36.18	02.45.31	01.44.10	08.53.18	4		Arrie Peterson	
19		9	SM	Paul Tyler	00.44.32	03.42.00	02.49.56	01.39.19	08.55.47	4		Paul Tyler	
20		16	SM	Robert De Reuck	00.46.39	03.43.59	02.47.53	01.43.37	09.02.08	4		Robert De Reuck	
21		66	SM	Johannes Labuschagne	00.46.54	03.59.18	02.50.32	01.26.08	09.02.52	4		Johannes Labuschagne	
22		51	SM	Jacques Dreyer	00.45.07	03.46.23	02.51.40	01.44.50	09.08.00	4		Jacques Dreyer	
23		65	MF	Jan Lamberts	00.47.53	03.41.38	03.01.28	01.45.50	09.16.49	4		Jan Lamberts	
24		60	SM	Mark Huppelschoten	00.45.28	03.50.03	03.01.37	01.45.54	09.23.02	4		Mark Huppelschoten	
25		13	SM	Steve Haldane	00.46.59	03.43.45	03.03.30	01.52.09	09.26.23	4		Steve Haldane	
26		25	SM	Dustyn Lightfoot	00.42.20	03.53.54	02.52.51	01.58.59	09.28.04	4		Dustyn Lightfoot	
27		5	SM	Nico Potgieter	00.46.33	03.54.12	02.58.48	01.53.37	09.33.10	4		Nico Potgieter	
28		59	SM	Simon Dalcher	00.46.52	04.06.15	02.59.27	01.43.41	09.36.15	4		Simon Dalcher	
29		58	MF	Erich Maritz	00.44.20	04.24.40	02.46.41	01.43.24	09.39.05	4		Erich Maritz	
30		26	SM	Andre Loots	00.47.10	03.59.09	02.57.03	02.12.26	09.55.48	4		Andre Loots	
31		11	MF	Graham Hayward	00.48.44	04.07.33	03.08.14	01.54.00	09.58.31	4		Graham Hayward	
32		87	MF	Jack Gamble	00.50.38	04.10.15	03.01.37	01.59.34	10.02.04	4		Jack Gamble	
33		31	SM	Chris Nuttall	00.45.22	04.08.32	03.09.24	02.05.05	10.08.23	4		Chris Nuttall	
34		24	SM	Jason Zaymes	00.47.02	04.13.52	03.09.24	02.05.06	10.15.24	4		Jason Zaymes	
35		85	SM	Andrew Simpson	00.51.44	04.22.17	03.11.20	01.57.00	10.22.21	4		Andrew Simpson	
36		53	SM	Peter Pretorius	00.48.16	04.17.09	03.22.02	02.05.43	10.33.10	4		Peter Pretorius	
37		69	SM	Donald Mouton	00.51.45	04.26.37	03.36.56	02.03.05	10.58.23	4		Donald Mouton	
38		1	SM	Shawn Dall	00.49.27	04.22.39	03.29.35	02.19.06	11.00.47	4		Shawn Dall	

## Final Results - General Classification

## De Hoek - Swartberg

Category	Pos	No	Cat	Name	ProI	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
Solo Men	39	32	SM	Bernard Playdon	01.03.42	04.13.56	03.38.06	02.08.20	11.04.04	4		Bernard Playdon
	40	4	SM	Herman Botha	00.54.30	04.35.09	03.33.33	02.01.30	11.04.42	4		Herman Botha
	41	33	SM	Erik Kemp	00.49.18	04.41.03	03.27.23	02.08.11	11.05.55	4		Erik Kemp
	42	48	MF	Michael Fowler	00.57.55	04.40.36	03.29.02	02.09.55	11.17.28	4		Michael Fowler
	43	75	MF	Mike Pretorius	00.52.10	04.53.17	03.39.45	01.53.05	11.18.17	4		Mike Pretorius
	44	2	MF	Eddie Vienings	01.00.00	04.57.09	03.35.58	01.54.35	11.27.42	4		Eddie Vienings
	45	7	MF	Andrew Hishin	00.56.57	04.48.45	03.41.18	02.05.28	11.32.28	4		Andrew Hishin
	46	38	SM	Jan-Willem De Jager	00.55.26	04.43.45	03.47.46	02.17.09	11.44.06	4		Jan-Willem De Jager
	47	34	SM	Jonathan Mandell	00.53.44	05.00.10	03.36.44	02.16.11	11.46.49	4		Jonathan Mandell
	48	94	SM	Lloyd Martindale	00.51.27	05.10.36	03.42.37	02.18.55	12.03.35	4		Lloyd Martindale
	49	17	SM	Tommy Ball	00.51.50	05.18.08	03.55.16	02.16.43	12.21.57	4		Tommy Ball
	50	86	SM	David Price	00.53.45	05.18.08	03.55.16	02.16.43	12.23.52	4		David Price
	51	68	SM	Chris Davis	00.55.45	05.26.52	03.54.15	02.11.51	12.28.43	4		Chris Davis
	52	161	SM	Sian O'Keeffe	01.01.18	05.49.19	03.50.30	02.25.12	13.06.19	4		
	53	29	MF	Jean-Marie Talbot	01.09.16	06.06.10	04.03.26	02.18.59	13.37.51	4		Jean-Marie Talbot
	54	30	MF	Theo Van Niekerk	01.09.17	06.06.11	04.03.26	02.25.19	13.44.13	4		Theo Van Niekerk
	55	28	SM	Dirk Groeneveld	01.05.20	06.06.09	04.09.18	02.25.17	13.46.04	4		Dirk Groeneveld
	56	55	MF	Danie Van Der Merwe	01.02.56	06.29.14	04.29.39	02.32.30	14.34.19	4		Danie Van Der Merwe
57	82	SM	Basil Kletz	01.13.43	07.00.36	06.20.55	03.26.23	18.01.37	4		Basil Kletz	
58	35	MF	Nick Hishin	00.52.28	04.03.30	03.40.41		08.36.39	3		Nick Hishin	
Category	Pos	No	Cat	Name	ProI	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
Solo Women	1	84	SW	Katya Soggot	00.42.15	03.02.13	02.29.38	01.29.27	07.43.33	4		Katya Soggot
	2	61	SW	Leilani Scheffer	00.39.08	03.30.24	02.28.01	01.26.50	08.04.23	4		Leilani Scheffer
	3	19	SW	Kate Warner	00.45.44	03.32.09	02.40.03	01.34.41	08.32.37	4		Kate Warner
	4	72	SW	Dane Jordaan	00.44.55	03.44.48	02.34.19	01.39.25	08.43.27	4		Dane Jordaan
	5	3	SW	Marlize Vienings	00.47.38	03.56.10	02.52.09	01.45.16	09.21.13	4		Marlize Vienings
	6	64	SW	Natalia Ongers	00.49.30	04.25.08	03.05.14	01.51.38	10.11.30	4		Natalia Ongers
	7	57	SW	Jo Tanner	00.49.31	04.22.17	03.11.20	01.54.26	10.17.34	4		Jo Tanner
	8	46	SW	Jane Kemp	00.53.47	04.41.03	03.27.26	02.08.11	11.10.27	4		Jane Kemp
	9	62	SW	Tracy-Ann Swanepoel	00.55.25	04.23.50	03.41.09	02.21.02	11.21.26	4		Tracy-Ann Swanepoel
	10	18	SW	Paige Lee	00.57.24	05.00.09	03.36.45	02.16.11	11.50.29	4		Paige Lee
	11	41	SW	Marina Devine	00.57.39	04.56.56	03.57.49	02.01.29	11.53.53	4		Marina Devine
	12	61	SW	Kate Kane	01.06.40	05.20.03	03.49.26	02.10.48	12.26.57	4		
	13	162	SW	Sheena O'Keeffe	01.01.19	05.49.28	04.01.23	02.25.12	13.17.22	4		
	14	39	SW	Michelle Lawson	01.00.21	05.49.24	04.03.15	02.24.23	13.17.23	4		Michelle Lawson
	15	8	SW	Tracy Potgieter	01.06.48	05.44.46	04.04.11	02.26.41	13.22.26	4		Tracy Potgieter
	16	23	SW	Heather Paton	00.57.37	05.36.48	04.43.35	02.38.35	13.56.35	4		Heather Paton
	17	54	SW	Deborah Hudson	01.03.04	05.49.25	04.17.57	03.13.22	14.23.48	4		Deborah Hudson
	18	22	SW	Pamela Labuschagne	01.02.06	06.21.10	04.43.35	02.38.35	14.45.26	4		Pamela Labuschagne
	19	44	SW	Nicolene Engelbrecht	01.06.47	07.24.23	04.02.21	02.28.10	15.01.41	4		Nicolene Engelbrecht
	20	52	SW	Nicole Worthington	01.13.51	06.48.45	04.28.23	02.49.33	15.20.32	4		Nicole Worthington
	21	62	SW	Kathleen Bateman	01.06.40				01.06.40	1		
	22	20	SW	Petro Labuschagne	01.07.35				01.07.35	1		Petro Labuschagne
Category	Pos	No	Cat	Name	ProI	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
ALL Solos	1	77	SM	Lucky Miya	00.32.46	02.14.36	01.56.50	01.02.34	05.46.46	4		Lucky Miya
	2	641	SM	Etienne Plaatjies	00.32.07	02.27.12	01.55.22	01.08.26	06.03.07	4		
	3	79	SM	Jethro De Decker	00.37.03	02.51.55	02.19.58	01.27.04	07.16.00	4		Jethro De Decker
	4	21	SM	Ludwig Lillie	00.38.12	02.54.22	02.24.08	01.21.36	07.18.18	4		Ludwig Lillie
	5	71	SM	Jacques Jantjies	00.38.00	02.59.50	02.22.55	01.31.04	07.31.49	4		Jacques Jantjies
	6	76	SM	Mazu Ndandani	00.39.08	02.59.33	02.23.40	01.35.00	07.37.21	4		Mazu Ndandani
	7	70	SM	Hendry Hector	00.38.27	03.05.23	02.20.37	01.33.37	07.38.04	4		Hendry Hector
	8	14	SM	Filippo Faralla	00.38.58	03.02.13	02.29.38	01.29.27	07.40.16	4		Filippo Faralla
	9	40	SM	Jacques Botes	00.37.03	03.18.50	02.21.45	01.23.46	07.41.24	4		Jacques Botes
	10	84	SW	Katya Soggot	00.42.15	03.02.13	02.29.38	01.29.27	07.43.33	4		Katya Soggot
	11	27	SM	Echardt Visser	00.40.36	03.19.42	02.30.02	01.28.29	07.58.49	4		Echardt Visser
	12	61	SW	Leilani Scheffer	00.39.08	03.30.24	02.28.01	01.26.50	08.04.23	4		Leilani Scheffer
	13	81	SM	Morne Nel	00.40.46	03.17.47	02.36.51	01.34.43	08.10.17	4		Morne Nel
	14	90	SM	Piet Fortuin	00.43.47	03.17.12	02.30.43	01.44.11	08.15.53	4		Piet Fortuin
	15	10	SM	Marius Hitge	00.41.28	03.29.32	02.38.46	01.32.05	08.21.51	4		Marius Hitge
	16	91	SM	Daniel Terblanche	00.41.16	03.28.53	02.40.57	01.38.27	08.29.33	4		Daniel Terblanche
	17	19	SW	Kate Warner	00.45.44	03.32.09	02.40.03	01.34.41	08.32.37	4		Kate Warner
	18	6	SM	Garry Wilford	00.44.17	03.34.15	02.38.07	01.41.41	08.38.20	4		Garry Wilford
	19	72	SW	Dane Jordaan	00.44.55	03.44.48	02.34.19	01.39.25	08.43.27	4		Dane Jordaan
	20	45	MF	Keith Buhr	00.43.01	03.44.24	02.36.42	01.39.45	08.43.52	4		Keith Buhr
	21	80	SM	Jean Wright	00.40.00	03.51.31	02.39.18	01.33.42	08.44.31	4		Jean Wright
	22	89	SM	Arrie Peterson	00.47.19	03.36.18	02.45.31	01.44.10	08.53.18	4		Arrie Peterson
	23	9	SM	Paul Tyler	00.44.32	03.42.00	02.49.56	01.39.19	08.55.47	4		Paul Tyler
	24	16	SM	Robert De Reuck	00.46.39	03.43.59	02.47.53	01.43.37	09.02.08	4		Robert De Reuck
	25	66	SM	Johannes Labuschagne	00.46.54	03.59.18	02.50.32	01.26.08	09.02.52	4		Johannes Labuschagne
	26	51	SM	Jacques Dreyer	00.45.07	03.46.23	02.51.40	01.44.50	09.08.00	4		Jacques Dreyer
	27	65	MF	Jan Lamberts	00.47.53	03.41.38	03.01.28	01.45.50	09.16.49	4		Jan Lamberts
	28	3	SW	Marlize Vienings	00.47.38	03.56.10	02.52.09	01.45.16	09.21.13	4		Marlize Vienings
	29	60	SM	Mark Huppelschoten	00.45.28	03.50.03	03.01.37	01.45.54	09.23.02	4		Mark Huppelschoten
	30	13	SM	Steve Haldane	00.46.59	03.43.45	03.03.30	01.52.09	09.26.23	4		Steve Haldane



# Fairview Dryland Traverse Adventure Trail Run

10 November 2013



## Final Results - General Classification

De Hoek - Swartberg

Category	Pos	No	Cat	Name	ProI	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners	
ALL Solos	31	25	SM	Dustyn Lightfoot	00.42.20	03.53.54	02.52.51	01.58.59	09.28.04	4		Dustyn Lightfoot	
	32	5	SM	Nico Potgieter	00.46.33	03.54.12	02.58.48	01.53.37	09.33.10	4		Nico Potgieter	
	33	59	SM	Simon Dalcher	00.46.52	04.06.15	02.59.27	01.43.41	09.36.15	4		Simon Dalcher	
	34	58	MF	Erich Maritz	00.44.20	04.24.40	02.46.41	01.43.24	09.39.05	4		Erich Maritz	
	35	26	SM	Andre Loots	00.47.10	03.59.09	02.57.03	02.12.26	09.55.48	4		Andre Loots	
	36	11	MF	Graham Hayward	00.48.44	04.07.33	03.08.14	01.54.00	09.58.31	4		Graham Hayward	
	37	87	MF	Jack Gamble	00.50.38	04.10.15	03.01.37	01.59.34	10.02.04	4		Jack Gamble	
	38	31	SM	Chris Nuttall	00.45.22	04.08.32	03.09.24	02.05.05	10.08.23	4		Chris Nuttall	
	39	64	SW	Natalia Ongers	00.49.30	04.25.08	03.05.14	01.51.38	10.11.30	4		Natalia Ongers	
	40	24	SM	Jason Zaymes	00.47.02	04.13.52	03.09.24	02.05.06	10.15.24	4		Jason Zaymes	
	41	57	SW	Jo Tanner	00.49.31	04.22.17	03.11.20	01.54.26	10.17.34	4		Jo Tanner	
	42	85	SM	Andrew Simpson	00.51.44	04.22.17	03.11.20	01.57.00	10.22.21	4		Andrew Simpson	
	43	53	SM	Peter Pretorius	00.48.16	04.17.09	03.22.02	02.05.43	10.33.10	4		Peter Pretorius	
	44	69	SM	Donald Mouton	00.51.45	04.26.37	03.36.56	02.03.05	10.58.23	4		Donald Mouton	
	45	1	SM	Shawn Dall	00.49.27	04.22.39	03.29.35	02.19.06	11.00.47	4		Shawn Dall	
	46	32	SM	Bernard Playdon	01.03.42	04.13.56	03.38.06	02.08.20	11.04.04	4		Bernard Playdon	
	47	4	SM	Herman Botha	00.54.30	04.35.09	03.33.33	02.01.30	11.04.42	4		Herman Botha	
	48	33	SM	Erik Kemp	00.49.18	04.41.03	03.27.23	02.08.11	11.05.55	4		Erik Kemp	
	49	46	SW	Jane Kemp	00.53.47	04.41.03	03.27.26	02.08.11	11.10.27	4		Jane Kemp	
	50	48	MF	Michael Fowler	00.57.55	04.40.36	03.29.02	02.09.55	11.17.28	4		Michael Fowler	
	51	75	MF	Mike Pretorius	00.52.10	04.53.17	03.39.45	01.53.05	11.18.17	4		Mike Pretorius	
	52	62	SW	Tracy-Ann Swanepoel	00.55.25	04.23.50	03.41.09	02.21.02	11.21.26	4		Tracy-Ann Swanepoel	
	53	2	MF	Eddie Vienings	01.00.00	04.57.09	03.35.58	01.54.35	11.27.42	4		Eddie Vienings	
	54	7	MF	Andrew Hishin	00.56.57	04.48.45	03.41.18	02.05.28	11.32.28	4		Andrew Hishin	
	55	38	SM	Jan-Willem De Jager	00.55.26	04.43.45	03.47.46	02.17.09	11.44.06	4		Jan-Willem De Jager	
	56	34	SM	Jonathan Mandell	00.53.44	05.00.10	03.36.44	02.16.11	11.46.49	4		Jonathan Mandell	
	57	18	SW	Paige Lee	00.57.24	05.00.09	03.36.45	02.16.11	11.50.29	4		Paige Lee	
	58	41	SW	Marina Devine	00.57.39	04.56.56	03.57.49	02.01.29	11.53.53	4		Marina Devine	
	59	94	SM	Lloyd Martindale	00.51.27	05.10.36	03.42.37	02.18.55	12.03.35	4		Lloyd Martindale	
	60	17	SM	Tommy Ball	00.51.50	05.18.08	03.55.16	02.16.43	12.21.57	4		Tommy Ball	
	61	86	SM	David Price	00.53.45	05.18.08	03.55.16	02.16.43	12.23.52	4		David Price	
	62	61	SW	Kate Kane	01.06.40	05.20.03	03.49.26	02.10.48	12.26.57	4		Kate Kane	
	63	68	SM	Chris Davis	00.55.45	05.26.52	03.54.15	02.11.51	12.28.43	4		Chris Davis	
	64	161	SM	Sian O'Keeffe	01.01.18	05.49.19	03.50.30	02.25.12	13.06.19	4		Sian O'Keeffe	
	65	162	SW	Sheena O'Keeffe	01.01.19	05.49.28	04.01.23	02.25.12	13.17.22	4		Sheena O'Keeffe	
	66	39	SW	Michelle Lawson	01.00.21	05.49.24	04.03.15	02.24.23	13.17.23	4		Michelle Lawson	
	67	8	SW	Tracy Potgieter	01.06.48	05.44.46	04.04.11	02.26.41	13.22.26	4		Tracy Potgieter	
	68	29	MF	Jean-Marie Talbot	01.09.16	06.06.10	04.03.26	02.18.59	13.37.51	4		Jean-Marie Talbot	
	69	30	MF	Theo Van Niekerk	01.09.17	06.06.11	04.03.26	02.25.19	13.44.13	4		Theo Van Niekerk	
	70	28	SM	Dirk Groeneveld	01.05.20	06.06.09	04.09.18	02.25.17	13.46.04	4		Dirk Groeneveld	
	71	23	SW	Heather Paton	00.57.37	05.36.48	04.43.35	02.38.35	13.56.35	4		Heather Paton	
	72	54	SW	Deborah Hudson	01.03.04	05.49.25	04.17.57	03.13.22	14.23.48	4		Deborah Hudson	
	73	55	MF	Danie Van Der Merwe	01.02.56	06.29.14	04.29.39	02.32.30	14.34.19	4		Danie Van Der Merwe	
	74	22	SW	Pamela Labuschagne	01.02.06	06.21.10	04.43.35	02.38.35	14.45.26	4		Pamela Labuschagne	
	75	44	SW	Nicolene Engelbrecht	01.06.47	07.24.23	04.02.21	02.28.10	15.01.41	4		Nicolene Engelbrecht	
	76	52	SW	Nicole Worthington	01.13.51	06.48.45	04.28.23	02.49.33	15.20.32	4		Nicole Worthington	
	77	82	SM	Basil Kletz	01.13.43	07.00.36	06.20.55	03.26.23	18.01.37	4		Basil Kletz	
	78	35	MF	Nick Hishin	00.52.28	04.03.30	03.40.41		08.36.39	3		Nick Hishin	
	79	62	SW	Kathleen Bateman	01.06.40				01.06.40	1		Kathleen Bateman	
	80	20	SW	Petro Labuschagne	01.07.35				01.07.35	1		Petro Labuschagne	
	Category	Pos	No	Cat	Name	ProI	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
	Mafutas	1	45	MF	Keith Buhr	00.43.01	03.44.24	02.36.42	01.39.45	08.43.52	4		Keith Buhr
		2	65	MF	Jan Lamberts	00.47.53	03.41.38	03.01.28	01.45.50	09.16.49	4		Jan Lamberts
		3	58	MF	Erich Maritz	00.44.20	04.24.40	02.46.41	01.43.24	09.39.05	4		Erich Maritz
		4	11	MF	Graham Hayward	00.48.44	04.07.33	03.08.14	01.54.00	09.58.31	4		Graham Hayward
		5	87	MF	Jack Gamble	00.50.38	04.10.15	03.01.37	01.59.34	10.02.04	4		Jack Gamble
		6	171	TF	Rassie Wentzel	00.51.33	04.20.39	03.03.26	01.52.42	10.08.20	4		Rassie Wentzel
		7	232	TF	Paul Grater	00.51.06	04.23.28	03.09.22	02.05.03	10.28.59	4		Paul Grater
		8	381	TF	Michael Mey	00.59.14	04.58.45	03.19.48	01.56.30	11.14.17	4		Michael Mey
		9	382	TF	Derek Evason	00.59.15	04.58.46	03.19.48	01.56.30	11.14.19	4		Derek Evason
		10	48	MF	Michael Fowler	00.57.55	04.40.36	03.29.02	02.09.55	11.17.28	4		Michael Fowler
		11	75	MF	Mike Pretorius	00.52.10	04.53.17	03.39.45	01.53.05	11.18.17	4		Mike Pretorius
		12	2	MF	Eddie Vienings	01.00.00	04.57.09	03.35.58	01.54.35	11.27.42	4		Eddie Vienings
		13	7	MF	Andrew Hishin	00.56.57	04.48.45	03.41.18	02.05.28	11.32.28	4		Andrew Hishin
		14	242	TF	Jacques Tulleken	00.51.07	04.47.55	03.47.20	02.15.36	11.41.58	4		Jacques Tulleken
		15	551	TF	Pierre Mostert	01.01.25	05.05.55	03.33.36	02.05.52	11.46.48	4		Pierre Mostert
		16	421	TF	Johan Van Wyk	00.50.04	05.15.23	03.34.50	02.19.40	11.59.57	4		Johan Van Wyk
		17	29	MF	Jean-Marie Talbot	01.09.16	06.06.10	04.03.26	02.18.59	13.37.51	4		Jean-Marie Talbot
		18	30	MF	Theo Van Niekerk	01.09.17	06.06.11	04.03.26	02.25.19	13.44.13	4		Theo Van Niekerk
		19	55	MF	Danie Van Der Merwe	01.02.56	06.29.14	04.29.39	02.32.30	14.34.19	4		Danie Van Der Merwe
		20	41	TF	Charl Van Der Merwe	01.07.26	06.29.30	04.24.58	02.50.27	14.52.21	4		Charl Van Der Merwe
		21	32	TF	Eugene Bezuidenhout	01.07.10	06.29.53	04.40.55	02.50.29	15.08.27	4		Eugene Bezuidenhout
		22	35	MF	Nick Hishin	00.52.28	04.03.30	03.40.41		08.36.39	3		Nick Hishin
	Category	Pos	No	Cat	Name	ProI	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners



# Fairview Dryland Traverse Adventure Trail Run

10 November 2013



## Final Results - General Classification

De Hoek - Swartberg

Category	Pos	No	Cat	Name	Pro1	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
Individual Wom	1	22	IW	Wendy Mcleod	00.49.47	04.24.26	03.05.36	02.02.21	10.22.10	4		
	2	112	IW	Helena Higgins	00.59.24	04.58.56	03.51.18	02.10.44	12.00.22	4		
	3	512	IW	Sherry-Lee Turner	01.01.14	04.59.20	04.40.03	02.02.22	12.42.59	4		