



# Fairview Dryland Traverse Adventure Trail Run

02 November 2014



## Final Results - General Classification to Stage 3

De Hoek - Swartberg

Category	Pos	No	Cat	Name	Pro	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
Mens Teams	1	T80	Men	Contego - Soul Running	00.36.05	02.41.30	01.59.16	00.58.13	06.15.04	4		801 Mauritz Jansen Van Rensburg - 802 Eddie Lambert
	2	T62	Men	Columbia - Gu	00.38.46	02.45.17	02.14.52	01.01.31	06.40.26	4		621 Cole Stanton - 622 Jan Ham
	3	T30	Men	Smile!	00.44.01	03.08.36	02.26.32	01.08.10	07.27.19	4		301 Keith Buhr - 302 Glenn Hendricks
	4	T49	Men	Kuite	00.47.23	03.27.40	02.40.10	01.11.13	08.06.26	4		491 Roelof Van Wyk - 492 Kruger Van Wyk
	5	T37	Men	The Dust Land Cowboys	00.50.30	03.28.00	02.41.29	01.17.55	08.17.54	4		371 Simon Liebenberg - 372 Marc Van Olst
	6	T24	Men	Ost Squared	00.45.19	03.30.01	02.50.23	01.16.23	08.22.06	4		241 Andrew Ellis - 242 Andre Hugo
	7	T53	Men	Wikifeet	00.50.50	03.36.16	02.47.47	01.16.49	08.31.42	4		531 Andrew White - 532 Andrew Arnott
	8	T59	Men	Galloping Tortoises	00.54.15	04.05.38	02.58.31	01.28.03	09.26.27	4		591 Shaun Pauls - 592 Greg Collins
	9	T65	Men	Spartans	00.49.37	04.20.41	03.17.19	01.29.25	09.57.02	4		651 Jacques Casteling - 652 Michael Baldwin
	10	T82	Men	Big Nuke	00.53.34	04.15.48	03.21.00	01.32.56	10.03.18	4		821 Stefan Steenkamp - 822 Coenie Nel
	11	T36	Men	Houtbay Chappies	00.59.16	05.12.53	03.41.37	01.46.43	11.40.29	4		361 Richard Shuttleworth - 362 Peter Ashworth
Category	Pos	No	Cat	Name	Pro	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
Ladies Teams	1	T61	Lad	Blu_Smooth	00.44.01	03.22.51	02.24.48	01.13.21	07.45.01	4		611 Sally Waterworth - 612 Gail Willmott
	2	T78	Lad	Partners In Crime	00.46.15	03.27.53	02.31.05	01.16.43	08.01.56	4		781 Jana Trojan - 782 Tracy Forbes
	3	T22	Lad	Under Armour	00.48.14	03.33.40	02.42.24	01.23.21	08.27.39	4		221 Claire Van Der Nest - 222 Katherine Van Der Walt
	4	T81	Lad	Fruit Loops	00.50.27	04.01.36	02.55.43	01.24.12	09.11.58	4		811 Lisa Rentzke - 812 Arinda Swart
	5	T74	Lad	A	00.52.06	03.58.54	03.03.10	01.30.07	09.24.17	4		741 Elaine Harvey - 742 Charmaine Scott
	6	T54	Lad	Meerkatte	00.54.03	04.07.02	02.55.23	01.30.17	09.26.45	4		541 Marietjie Steyn - 542 Yolanda Holtzhausen
	7	T69	Lad	Wild Women	00.52.52	04.15.31	02.54.30	01.30.11	09.33.04	4		691 Tanya Townshend - 692 Michaela Luger
	8	T41	Lad	Doubletrouble	00.54.04	03.58.34	03.16.19	01.30.06	09.39.03	4		411 Marina Potgieter - 412 Marlice Du Toit
	9	T8	Lad	Annie En Sannie	00.54.44	04.13.28	03.08.45	01.31.27	09.48.24	4		81 Ann Lennox - 82 Sandra De Kock
	10	T95	Lad	Fairview Ladies	00.57.37	04.16.58	03.07.04	01.33.26	09.55.05	4		951 Stephanie Wiid - 952 Bronwyn Hastings
	11	T21	Lad	Joyrunners	00.47.26	04.21.27	03.20.38	01.33.36	10.03.07	4		211 Charlotte Raubenheimer - 212 Lizanne Du Plessis
	12	T6	Lad	Bums On The Run	01.01.15	04.26.31	03.26.10	01.45.03	10.38.59	4		61 Josephine Oosthuizen - 62 Ansie Nel
	13	T51	Lad	Heleen-Lizel	00.54.31	04.37.13	03.30.05	01.43.29	10.45.18	4		511 Lizel Bekker - 512 Heleen Rossouw
	14	T29	Lad	Lumo Ladies	00.58.19	04.32.19	03.35.39	01.45.08	10.51.25	4		291 Lerene Van Niekerk - 292 Maryke Neizel
	15	T13	Lad	S A Medal Hangers	00.55.32	05.05.24	03.31.22	01.46.19	11.18.37	4		131 Heather Paton - 132 Pamela Labuschagne
	16	T76	Lad	Run For Fun	01.02.57	04.50.54	03.37.36	01.49.12	11.20.39	4		761 Denise Nortier - 762 Nadia Terblanche
	17	T68	Lad	Toonstoot Sisters	01.07.03	04.52.54	03.40.39	01.49.29	11.30.05	4		681 Marzanne Louw - 682 Sanri Immelman
	18	T39	Lad	Weekend Warriors	01.03.59	04.57.25	03.43.52	01.49.07	11.34.23	4		391 Cornelia Burger - 392 Benita Olivier
	19	T66	Lad	Roller Runners	01.00.32	04.57.20	03.50.51	01.53.44	11.42.27	4		661 Didi Fischbach - 662 Jolize Jacobs
	20	T46	Lad	Moelikhheid	01.03.00	05.12.45	03.37.09	01.56.09	11.49.03	4		461 Marolien Schmidt - 462 Danielle Smart
	21	T7	Lad	Sole Sisters	01.06.41	05.14.13	04.04.57	02.06.24	12.32.15	4		71 Marita Stander - 72 Dowlene Ungerer
	22	T28	Lad	Dirt Trail Divas	01.06.16	06.08.08	03.56.47	01.54.46	13.05.57	4		281 Deidre Renison - 282 Judy Venter
	23	T71	Lad	Bossladies	01.13.31	06.05.05	04.28.14	02.07.04	13.53.54	4		711 Leslie Pienaar - 712 Joan Bennett
Category	Pos	No	Cat	Name	Pro	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
Mixed Teams	1	T10	Mix	32Gi	00.40.43	02.53.39	02.13.29	01.04.53	06.52.44	4		101 Michael Kingston - 102 Liza Kingston
	2	T50	Mix	Alphabets	00.42.22	02.54.47	02.20.17	01.04.55	07.02.21	4		501 Olivia Read - 502 Benjamin Garrett
	3	T55	Mix	Die Vanasbergens	00.42.00	03.01.05	02.15.01	01.06.59	07.05.05	4		551 Dawie Van Rensburg - 552 Melissa Van As
	4	T2	Mix	Scott	00.42.16	03.09.18	02.23.38	01.10.04	07.25.16	4		21 Morne Nel - 22 Jane Barnardo
	5	T60	Mix	Klipspringers	00.43.35	03.13.12	02.26.36	01.10.38	07.34.01	4		601 Annatjie Botes - 602 Eddie Mouton
	6	T42	Mix	The Skinners	00.50.12	03.37.25	02.41.37	01.17.35	08.26.49	4		421 Vanessa Skinner - 422 Garth Skinner
	7	T79	Mix	Fox & The Henn	00.47.50	03.30.53	02.50.52	01.18.27	08.28.02	4		791 Gerda Henn - 792 Ashley Legg
	8	T33	Mix	A&A Steven	00.46.36	03.45.52	02.45.50	01.20.05	08.38.23	4		331 Anna-Lucia Steven - 332 Antony Steven
	9	T20	Mix	Them Stone'S.	00.48.57	03.51.14	02.48.24	01.20.30	08.49.05	4		201 Andrew Stone - 202 Frances Stone
	10	T31	Mix	The B G'S	00.53.38	03.46.13	02.52.52	01.20.40	08.53.23	4		311 Beth Hechter - 312 Grant Hechter
	11	T34	Mix	Deep South	00.51.10	03.47.11	02.54.59	01.28.46	09.02.06	4		341 Bev Mackintosh - 342 Tommy Ball
	12	T83	Mix	Susan Deacon Property Group	00.53.47	04.02.52	03.05.56	01.34.37	09.37.12	4		831 Marcel Deacon - 832 Maryke Deacon
	13	T18	Mix	Le Rouxs	00.56.35	04.02.50	03.05.57	01.34.38	09.40.00	4		181 Karen Le Roux - 182 J J Le Roux
	14	T47	Mix	Dogless	00.53.48	04.18.51	03.01.06	01.28.47	09.42.32	4		471 Delia Odendaal - 472 Michael Mey
	15	T26	Mix	Mo Ty	00.51.43	04.02.56	03.18.04	01.30.15	09.42.58	4		261 Monique Myburgh - 262 Tyrnone Farrell
	16	T58	Mix	Alpinrunner.Ch	00.54.58	04.15.15	03.02.36	01.35.42	09.48.31	4		581 Peter Altmann - 582 Beatrice Altmann
	17	T77	Mix	Brink	00.54.58	04.03.02	03.20.04	01.34.39	09.52.43	4		771 Delene Brink - 772 Jan Brink
	18	T45	Mix	Kippies	00.57.23	04.07.18	03.14.28	01.34.05	09.53.14	4		451 Nicola Schoombee - 452 Leon Schoombee
	19	T11	Mix	Probyn	00.54.36	04.37.00	03.15.52	01.35.44	10.23.12	4		111 Michael Probyn - 112 Janice Probyn
	20	T67	Mix	Physique Dynamics	00.54.12	04.36.57	03.18.02	01.43.47	10.32.58	4		671 Mark Macdonald - 672 Taryn Townsend
	21	T73	Mix	Cape Crawlers	01.00.53	04.37.02	03.19.21	01.39.43	10.36.59	4		731 Douglas Davey - 732 Jessie Davey
	22	T32	Mix	Hishin	01.00.56	04.30.03	03.33.05	01.56.50	11.00.54	4		321 Catherine Hishin - 322 Guy Hishin
	23	T14	Mix	Spongebob Slow Pants	00.58.52	04.42.23	03.26.28	01.56.43	11.04.26	4		141 Tania Durr - 142 Nicky Terblanche
	24	T40	Mix	Rock Hopper	00.59.26	05.16.59	03.27.12	01.46.40	11.30.17	4		401 Amanda Samwell - 402 Ben Samwell
	25	T38	Mix	Dustbusters	00.59.09	05.04.31	03.40.45	01.46.40	11.31.05	4		381 Lynette Viljoen - 382 Francois Viljoen
	26	T72	Mix	J Kwadraat	01.02.01	04.50.58	03.40.43	02.00.40	11.34.22	4		721 Johan Van Der Westhuizen - 722 Johnel Van Der Westhuizen
	27	T75	Mix	Cilliers	01.03.49	04.55.19	03.49.12	01.49.05	11.37.25	4		751 Rouxle Cilliers - 752 Fanus Cilliers
	28	T19	Mix	Heavy Breathers	01.01.53	05.18.23	03.48.14	01.55.25	12.03.55	4		191 Sian O'Keefe - 192 Sheena O'Keefe
	29	T9	Mix	Mansgenoeg Deur Jesus	01.02.36	05.21.59	03.53.30	01.55.34	12.13.39	4		91 Charl Van Der Merwe - 92 Lindi Van Der Merwe
	30	T3	Mix	Awesome	01.02.19	05.03.50	04.07.14	02.04.03	12.17.26	4		31 Nikki-Leigh Piper - 32 Barrett Bowley
	31	T5	Mix	Die Blitzuidenhout'S	01.04.11	05.32.11	03.47.23	01.55.34	12.19.19	4		51 Elzet Bezuidenhout - 52 Eugene Bezuidenhout
	32	T17	Mix	Moll	01.06.08	05.42.45	03.54.52	01.47.18	12.31.03	4		171 Eddie Moll - 172 Renee Moll
	33	T15	Mix	Us2	01.04.40	05.06.40	04.06.24	02.17.12	12.34.56	4		151 Wayne Jolly - 152 Mischelle Jolly
	34	T64	Mix	Greylands Grunters	01.11.27	05.44.02	04.17.58	02.46.15	13.59.42	4		641 Hein Jonker - 642 Liesl Jonker
	35	T57	Mix	Nothing Ventured....	01.03.26	05.13.40	03.58.54		10.16.00	3		571 Warren Montano - 572 Nadia Jooste
Category	Pos	No	Cat	Name	Pro	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners

**Final Results - General Classification to Stage 3**
**De Hoek - Swartberg**

Category	Pos	No	Cat	Name	ProI	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
<b>ALL Teams</b>	1	T80	Men	Contego - Soul Running	00.36.05	02.41.30	01.59.16	00.58.13	06.15.04	4		801 Mauritz Jansen Van Rensburg - 802 Eddie Lambert
	2	T62	Men	Columbia - Gu	00.38.46	02.45.17	02.14.52	01.01.31	06.40.26	4		621 Cole Stanton - 622 Jan Ham
	3	T10	Mix	32Gi	00.40.43	02.53.39	02.13.29	01.04.53	06.52.44	4		101 Michael Kingston - 102 Liza Kingston
	4	T50	Mix	Alphabetas	00.42.22	02.54.47	02.20.17	01.04.55	07.02.21	4		501 Olivia Read - 502 Benjamin Garrett
	5	T55	Mix	Die Vanasbergens	00.42.00	03.01.05	02.15.01	01.06.59	07.05.05	4		551 Dawie Van Rensburg - 552 Melissa Van As
	6	T2	Mix	Scott	00.42.16	03.09.18	02.23.38	01.10.04	07.25.16	4		21 Morne Nel - 22 Jane Barnardo
	7	T30	Men	Smile!	00.44.01	03.08.36	02.26.32	01.08.10	07.27.19	4		301 Keith Buhr - 302 Glenn Hendricks
	8	T60	Mix	Klipspringers	00.43.35	03.13.12	02.26.36	01.10.38	07.34.01	4		601 Annatjie Botes - 602 Eddie Mouton
	9	T61	Lad	Blu_Smooth	00.44.01	03.22.51	02.24.48	01.13.21	07.45.01	4		611 Sally Waterworth - 612 Gail Willimott
	10	T78	Lad	Partners In Crime	00.46.15	03.27.53	02.31.05	01.16.43	08.01.56	4		781 Jana Trojan - 782 Tracy Forbes
	11	T49	Men	Kuite	00.47.23	03.27.40	02.40.10	01.11.13	08.06.26	4		491 Roelof Van Wyk - 492 Kruger Van Wyk
	12	T37	Men	The Dust Land Cowboys	00.50.30	03.28.00	02.41.29	01.17.55	08.17.54	4		371 Simon Liebenberg - 372 Marc Van Olst
	13	T24	Men	Ost Squared	00.45.19	03.30.01	02.50.23	01.16.23	08.22.06	4		241 Andrew Ellis - 242 Andre Hugo
	14	T42	Mix	The Skinners	00.50.12	03.37.25	02.41.37	01.17.35	08.26.49	4		421 Vanessa Skinner - 422 Garth Skinner
	15	T22	Lad	Under Armour	00.48.14	03.33.40	02.42.24	01.23.21	08.27.39	4		221 Claire Van Der Nest - 222 Katherine Van Der Walt
	16	T79	Mix	Fox & The Henn	00.47.50	03.30.53	02.50.52	01.18.27	08.28.02	4		791 Gerda Henn - 792 Ashley Legg
	17	T53	Men	Wikifeet	00.50.50	03.36.16	02.47.47	01.16.49	08.31.42	4		531 Andrew White - 532 Andrew Arnott
	18	T33	Mix	A&A Steven	00.46.36	03.45.52	02.45.50	01.20.05	08.38.23	4		331 Anna-Lucia Steven - 332 Antony Steven
	19	T20	Mix	Them Stone'S.	00.48.57	03.51.14	02.48.24	01.20.30	08.49.05	4		201 Andrew Stone - 202 Frances Stone
	20	T31	Mix	The B G'S	00.53.38	03.46.13	02.52.52	01.20.40	08.53.23	4		311 Beth Hechter - 312 Grant Hechter
	21	T34	Mix	Deep South	00.51.10	03.47.11	02.54.59	01.28.46	09.02.06	4		341 Bev Mackintosh - 342 Tommy Ball
	22	T81	Lad	Fruit Loops	00.50.27	04.01.36	02.55.43	01.24.12	09.11.58	4		811 Lisa Rentzke - 812 Arinda Swart
	23	T74	Lad	A	00.52.06	03.58.54	03.03.10	01.30.07	09.24.17	4		741 Elaine Harvey - 742 Charmaine Scott
	24	T59	Men	Galloping Tortoises	00.54.15	04.05.38	02.58.31	01.28.03	09.26.27	4		591 Shaun Pauls - 592 Greg Collins
	25	T54	Lad	Meerkatte	00.54.03	04.07.02	02.55.23	01.30.17	09.26.45	4		541 Marietjie Steyn - 542 Yolanda Holtzhausen
	26	T69	Lad	Wild Women	00.52.52	04.15.31	02.54.30	01.30.11	09.33.04	4		691 Tanya Townshend - 692 Michaela Luger
	27	T83	Mix	Susan Deacon Property Group	00.53.47	04.02.52	03.05.56	01.34.37	09.37.12	4		831 Marcel Deacon - 832 Maryke Deacon
	28	T41	Lad	Doubletrouble	00.54.04	03.58.34	03.16.19	01.30.06	09.39.03	4		411 Marina Potgieter - 412 Marlice Du Toit
	29	T18	Mix	Le Rouxs	00.56.35	04.02.50	03.05.57	01.34.38	09.40.00	4		181 Karen Le Roux - 182 J J Le Roux
	30	T47	Mix	Dogless	00.53.48	04.18.51	03.01.06	01.28.47	09.42.32	4		471 Delia Odendaal - 472 Michael Mey
	31	T26	Mix	Mo Ty	00.51.43	04.02.56	03.18.04	01.30.15	09.42.58	4		261 Monique Myburgh - 262 Tyrone Farrell
	32	T8	Lad	Annie En Sannie	00.54.44	04.13.28	03.08.45	01.31.27	09.48.24	4		81 Ann Lennox - 82 Sandra De Kock
	33	T58	Mix	Alpinrunner.Ch	00.54.58	04.15.15	03.02.36	01.35.42	09.48.31	4		581 Peter Altmann - 582 Beatrice Altmann
	34	T77	Mix	Brink	00.54.58	04.03.02	03.20.04	01.34.39	09.52.43	4		771 Delene Brink - 772 Jan Brink
	35	T45	Mix	Kippies	00.57.23	04.07.18	03.14.28	01.34.05	09.53.14	4		451 Nicola Schoombee - 452 Leon Schoombee
	36	T95	Lad	Fairview Ladies	00.57.37	04.16.58	03.07.04	01.33.26	09.55.05	4		951 Stephanie Wiid - 952 Bronwyn Hastings
	37	T65	Men	Spartans	00.49.37	04.20.41	03.17.19	01.29.25	09.57.02	4		651 Jacques Casteling - 652 Michael Baldwin
	38	T21	Lad	Joyrunners	00.47.26	04.21.27	03.20.38	01.33.36	10.03.07	4		211 Charlotte Raubenheimer - 212 Lizanne Du Plessis
	39	T82	Men	Big Nuke	00.53.34	04.15.48	03.21.00	01.32.56	10.03.18	4		821 Stefan Steenkamp - 822 Coenie Nel
	40	T11	Mix	Probyn	00.54.36	04.37.00	03.15.52	01.35.44	10.23.12	4		111 Michael Probyn - 112 Janice Probyn
	41	T67	Mix	Physique Dynamics	00.54.12	04.36.57	03.18.02	01.43.47	10.32.58	4		671 Mark Macdonald - 672 Taryn Townsend
	42	T73	Mix	Cape Crawlers	01.00.53	04.37.02	03.19.21	01.39.43	10.36.59	4		731 Douglas Davey - 732 Jessie Davey
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	44	T51	Lad	Heleen-Lizel	00.54.31	04.37.13	03.30.05	01.43.29	10.45.18	4		511 Lizel Bekker - 512 Heleen Rossouw
	45	T29	Lad	Lumo Ladies	00.58.19	04.32.19	03.35.39	01.45.08	10.51.25	4		291 Lerene Van Niekerk - 292 Maryke Neizel
	46	T32	Mix	Hishin	01.00.56	04.30.03	03.33.05	01.56.50	11.00.54	4		321 Catherine Hishin - 322 Guy Hishin
	47	T14	Mix	Spongebob Slow Pants	00.58.52	04.42.23	03.26.28	01.56.43	11.04.26	4		141 Tania Durr - 142 Nicky Terblanche
	48	T13	Lad	S A Medal Hangers	00.55.32	05.05.24	03.31.22	01.46.19	11.18.37	4		131 Heather Paton - 132 Pamela Labuschagne
	49	T76	Lad	Run For Fun	01.02.57	04.50.54	03.37.36	01.49.12	11.20.39	4		761 Denise Nortier - 762 Nadia Terblanche
	50	T68	Lad	Toonstoot Sisters	01.07.03	04.52.54	03.40.39	01.49.29	11.30.05	4		681 Marzanne Louw - 682 Sanri Immelman
	51	T40	Mix	Rock Hopper	00.59.26	05.16.59	03.27.12	01.46.40	11.30.17	4		401 Amanda Samwell - 402 Ben Samwell
	52	T38	Mix	Dustbusters	00.59.09	05.04.31	03.40.45	01.46.40	11.31.05	4		381 Lynette Viljoen - 382 Francois Viljoen
	53	T72	Mix	J Kwadraat	01.02.01	04.50.58	03.40.43	02.00.40	11.34.22	4		721 Johan Van Der Westhuizen - 722 Johnel Van Der Westhuizen
	54	T39	Lad	Weekend Warriors	01.03.59	04.57.25	03.43.52	01.49.07	11.34.23	4		391 Cornelia Burger - 392 Benita Olivier
	55	T75	Mix	Cilliers	01.03.49	04.55.19	03.49.12	01.49.05	11.37.25	4		751 Rouxle Cilliers - 752 Fanus Cilliers
	56	T36	Men	Houtbay Chappies	00.59.16	05.12.53	03.41.37	01.46.43	11.40.29	4		361 Richard Shuttleworth - 362 Peter Ashworth
	57	T66	Lad	Roller Runners	01.00.32	04.57.20	03.50.51	01.53.44	11.42.27	4		661 Didi Fischbach - 662 Jolize Jacobs
	58	T46	Lad	Moelikheid	01.03.00	05.12.45	03.37.09	01.56.09	11.49.03	4		461 Marolien Schmidt - 462 Danielle Smart
	59	T19	Mix	Heavy Breathers	01.01.53	05.18.23	03.48.14	01.55.25	12.03.55	4		191 Sian O'Keefe - 192 Sheena O'Keefe
	60	T9	Mix	Mansgenoeg Deur Jesus	01.02.36	05.21.59	03.53.30	01.55.34	12.13.39	4		91 Charl Van Der Merwe - 92 Lindi Van Der Merwe
	61	T3	Mix	Awesome	01.02.19	05.03.50	04.07.14	02.04.03	12.17.26	4		31 Nikki-Leigh Piper - 32 Barrett Bowley
	62	T5	Mix	Die Blitzuidenhout'S	01.04.11	05.32.11	03.47.23	01.55.34	12.19.19	4		51 Elzet Bezuidenhout - 52 Eugene Bezuidenhout
	63	T17	Mix	Moll	01.06.08	05.42.45	03.54.52	01.47.18	12.31.03	4		171 Eddie Moll - 172 Renee Moll
	64	T7	Lad	Sole Sisters	01.06.41	05.14.13	04.04.57	02.06.24	12.32.15	4		71 Marita Stander - 72 Dowlene Ungerer
	65	T15	Mix	Us2	01.04.40	05.06.40	04.06.24	02.17.12	12.34.56	4		151 Wayne Jolly - 152 Mischelle Jolly
	66	T28	Lad	Dirt Trail Divas	01.06.16	06.08.08	03.56.47	01.54.46	13.05.57	4		281 Deidre Renison - 282 Judy Venter
	67	T71	Lad	Bossladies	01.13.31	06.05.05	04.28.14	02.07.04	13.53.54	4		711 Leslie Pienaar - 712 Joan Bennett
	68	T64	Mix	Greylands Grunters	01.11.27	05.44.02	04.17.58	02.46.15	13.59.42	4		641 Hein Jonker - 642 Liesl Jonker
	69	T57	Mix	Nothing Ventured....	01.03.26	05.13.40	03.58.54		10.16.00	3		571 Warren Montano - 572 Nadia Jooste
<b>Category</b>	<b>Pos</b>	<b>No</b>	<b>Cat</b>	<b>Name</b>	<b>ProI</b>	<b>Stage 1</b>	<b>Stage 2</b>	<b>Stage 3</b>	<b>Total</b>	<b>Stage</b>	<b>Note</b>	<b>Team Runners</b>
<b>Solo Women</b>	1	14	SW	Leilani Scheffer	00.39.00	02.55.17	02.11.01	01.02.38	06.47.56	4		Leilani Scheffer
	2	27	SW	Jacoline Haasbroek	00.42.45	02.53.29	02.14.07	01.06.31	06.56.52	4		Jacoline Haasbroek



# Fairview Dryland Traverse Adventure Trail Run

02 November 2014



## Final Results - General Classification to Stage 3

De Hoek - Swartberg

Category	Pos	No	Cat	Name	Pro1	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
	3	87	SW	Lisl Grobler	00.42.29	02.59.29	02.20.02	01.09.40	07.11.40	4		Lisl Grobler
	4	85	SW	Stephanie Damalis	00.42.09	03.00.17	02.26.32	01.10.49	07.19.47	4		Stephanie Damalis
	5	15	SW	Herme Visser	00.43.05	03.14.05	02.27.17	01.09.43	07.34.10	4		Herme Visser
	6	71	SW	Lisa Low	00.41.21	03.07.26	02.35.55	01.22.13	07.46.55	4		Lisa Low
	7	54	SW	Dane Jordaan	00.43.22	03.28.55	02.29.28	01.13.08	07.54.53	4		Dane Jordaan
	8	28	SW	Annie Dower	00.52.31	03.26.21	02.30.04	01.13.10	08.02.06	4		Annie Dower
	9	118	SW	Victoria Bennetts	00.48.07	03.35.40	02.37.55	01.18.41	08.20.23	4		Victoria Bennetts
	10	67	SW	Maresa Ah Kun	00.49.53	03.42.42	02.37.55	01.22.43	08.33.13	4		Maresa Ah Kun
	11	120	SW	Teresa Bester	00.49.08	03.35.01	02.53.06	01.28.50	08.46.05	4		Teresa Bester
	12	12	SW	Nicole Faul	00.49.41	03.49.21	03.02.58	01.28.17	09.10.17	4		Nicole Faul
	13	114	SW	Ingrid Courtney	00.51.32	04.15.03	02.57.15	01.28.18	09.32.08	4		Ingrid Courtney
	14	89	SW	Jacqueline Vockins	00.53.55	04.03.10	03.04.58	01.31.47	09.33.50	4		Jacqueline Vockins
	15	73	SW	Amanda Shaw	00.52.45	04.18.08	02.58.00	01.35.31	09.44.24	4		Amanda Shaw
	16	64	SW	Katherine Nawdish	00.55.55	04.18.23	02.58.00	01.35.31	09.47.49	4		Katherine Nawdish
	17	117	SW	Lindre Fouchee	00.52.15	04.06.59	03.25.21	01.35.46	10.00.21	4		Lindre Fouchee
	18	11	SW	Carin Schrader	00.50.53	04.30.08	03.06.18	01.33.39	10.00.58	4		Carin Schrader
	19	72	SW	Estelle Wiid	00.54.50	04.22.43	03.21.39	01.34.33	10.13.45	4		Estelle Wiid
	20	108	SW	Anella Conradie	00.52.29	04.35.59	03.15.19	01.37.54	10.21.41	4		Anella Conradie
	21	60	SW	Emily Smith	01.00.26	04.07.48	03.34.39	01.39.57	10.22.50	4		Emily Smith
	22	45	SW	Gill Lumley	00.57.59	04.35.56	03.15.18	01.37.54	10.27.07	4		Gill Lumley
	23	58	SW	Andri Bezuidenhout	00.54.55	04.18.21	03.26.19	01.48.07	10.27.42	4		Andri Bezuidenhout
	24	104	SW	Allison Pledger	00.54.41	04.36.07	03.27.25	01.49.20	10.47.33	4		Allison Pledger
	25	98	SW	Ezbe Van Aardt	00.55.12	04.36.07	03.27.25	01.49.24	10.48.08	4		Ezbe Van Aardt
	26	47	SW	Yolande Van Der Walt	00.56.34	04.38.15	03.26.20	01.49.09	10.50.18	4		Yolande Van Der Walt
	27	18	SW	Debby Hendricks	00.56.38	05.05.24	03.23.14	01.46.18	11.11.34	4		Debby Hendricks
	28	33	SW	Sandra Lombard	01.01.48	04.45.43	03.38.21	01.52.34	11.18.26	4		Sandra Lombard
	29	62	SW	Bonnie Boshoff	01.08.47	05.32.27	03.56.49	01.52.34	12.30.37	4		Bonnie Boshoff
	30	59	SW	Susan Parker-Smith	01.08.05	05.34.10	04.07.02	02.04.57	12.54.14	4		Susan Parker-Smith
	31	124	SW	Sanet Du Toit	01.06.22	05.26.35	04.25.01	02.23.59	13.21.57	4		Sanet Du Toit
	32	53	SW	Colleen Rees	01.06.20	06.58.16	03.45.00	01.53.17	13.42.53	4		Colleen Rees
	33	56	SW	Amanda Pieterse	01.06.20	06.58.16	03.45.00	01.53.17	13.42.53	4		Amanda Pieterse
	34	44	SW	Tracy Pringle	01.11.36	06.07.58	04.18.52	02.05.03	13.43.29	4		Tracy Pringle
	35	41	SW	Wendy Mcloughlin	01.12.06	06.07.58	04.18.56	02.05.02	13.44.02	4		Wendy Mcloughlin
	36	52	SW	Daleen Erasmus	01.15.57	07.00.14	05.31.18	02.44.56	16.32.25	4		Daleen Erasmus
	37	109	SW	Carol Cooper	01.18.56	07.00.45	05.31.18	02.44.56	16.35.55	4		Carol Cooper
Category	Pos	No	Cat	Name	Pro1	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
<b>Solo Men</b>	1	119	SM	Ettiene Plaatjies	00.33.24	02.09.31	01.36.50	00.50.07	05.09.52	4		Ettiene Plaatjies
	2	84	SM	Prodigal Khumalo	00.32.30	02.09.49	01.44.04	00.51.07	05.17.30	4		Prodigal Khumalo
	3	16	SM	Johnny Young	00.33.23	02.25.08	01.48.46	00.51.06	05.38.23	4		Johnny Young
	4	107	SM	Morne Van Greunen	00.35.29	02.25.09	01.57.50	00.56.05	05.54.33	4		Morne Van Greunen
	5	57	SM	Jacques Mouton	00.37.44	02.28.10	02.10.49	01.07.00	06.23.43	4		Jacques Mouton
	6	63	SM	Sean Cowgill	00.40.55	02.48.19	02.12.02	01.02.49	06.44.05	4		Sean Cowgill
	7	105	SM	Samuel Botha	00.39.35	02.58.48	02.16.47	01.01.06	06.56.16	4		Samuel Botha
	8	24	SM	Steven Buhr	00.41.23	02.58.39	02.19.17	01.03.46	07.03.05	4		Steven Buhr
	9	50	SM	Graeme Gill	00.40.06	02.54.40	02.27.24	01.05.27	07.07.37	4		Graeme Gill
	10	31	SM	Alvaro De Nobrega	00.39.38	03.08.16	02.24.30	01.06.23	07.18.47	4		Alvaro De Nobrega
	11	13	SM	Jonathan Sydow	00.44.23	03.06.37	02.23.35	01.13.04	07.27.39	4		Jonathan Sydow
	12	99	SM	Pieter Fortuin	00.47.13	03.04.30	02.32.01	01.07.34	07.31.18	4		Pieter Fortuin
	13	521	SM	Mark Huppelschoten	00.42.35	03.14.06	02.30.36	01.08.03	07.35.20	4		Mark Huppelschoten
	14	113	SM	Stephen Courtney	00.36.57	03.14.31	02.57.17	00.56.52	07.45.37	4		Stephen Courtney
	15	103	SM	Arrie Pieterse	00.46.49	03.15.11	02.30.53	01.13.59	07.46.52	4		Arrie Pieterse
	16	21	SM	Riaan Wolfaardt	00.45.21	03.17.41	02.37.43	01.13.00	07.53.45	4		Riaan Wolfaardt
	17	37	SM	Bernard Playdon	00.48.51	03.20.56	02.39.25	01.08.44	07.57.56	4		Bernard Playdon
	18	79	SM	Lionel Kroon	00.48.43	03.31.40	02.41.06	01.18.24	08.19.53	4		Lionel Kroon
	19	116	SM	Ryno Bakkes	00.46.35	03.48.40	02.42.10	01.14.50	08.32.15	4		Ryno Bakkes
	20	61	SM	Stef Lategan	00.49.05	03.32.07	02.53.34	01.29.34	08.44.20	4		Stef Lategan
	21	26	SM	Riaan Müller	00.48.07	03.36.10	02.53.38	01.27.28	08.45.23	4		Riaan Müller
	22	95	SM	Estienne Venter	00.48.32	03.46.13	03.03.18	01.28.59	09.07.02	4		Estienne Venter
	23	232	SM	Chris Van Der Walt	00.47.44	03.51.44	03.03.45	01.26.42	09.09.55	4		Chris Van Der Walt
	24	68	SM	Denzil Kennon	00.51.39	03.48.49	03.02.30	01.34.44	09.17.42	4		Denzil Kennon
	25	49	SM	Lloyd Martindale	00.54.04	03.52.02	02.59.47	01.36.31	09.22.24	4		Lloyd Martindale
	26	35	SM	Robert De Reuck	00.45.37	04.36.03	02.36.03	01.26.43	09.24.26	4		Robert De Reuck
	27	65	SM	Peter Hathorn	00.54.59	04.05.28	02.54.41	01.31.41	09.26.49	4		Peter Hathorn
	28	38	SM	Joseph Labuschagne	00.48.04	04.07.23	02.59.47	01.35.48	09.31.02	4		Joseph Labuschagne
	29	70	SM	Martin Groenewald	00.51.13	04.02.54	03.02.30	01.34.43	09.31.20	4		Martin Groenewald
	30	39	SM	Shawn Dall	00.47.53	04.02.26	03.02.25	01.39.39	09.32.23	4		Shawn Dall
	31	43	SM	Jonathan Monk	00.51.24	04.09.01	02.59.46	01.33.17	09.33.28	4		Jonathan Monk
	32	90	SM	Donald Mouton	00.50.26	03.58.32	03.08.14	01.39.50	09.37.02	4		Donald Mouton
	33	123	SM	Graham Bird	00.50.05	04.19.46	02.47.35	01.41.41	09.39.07	4		Graham Bird
	34	66	SM	Justin Sparg	00.51.16	04.15.17	03.25.52	01.28.03	10.00.28	4		Justin Sparg
	35	82	SM	Jan-Hugo Fyfer	00.50.21	04.18.11	03.08.27	01.44.13	10.01.12	4		Jan-Hugo Fyfer
	36	19	SM	Peter Pretorius	00.52.58	04.18.38	03.24.35	01.30.15	10.06.26	4		Peter Pretorius

### Final Results - General Classification to Stage 3

### De Hoek - Swartberg

Category	Pos	No	Cat	Name	Pro	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
	37	25	SM	Kyle Hodgson	00.50.55	04.07.47	03.34.39	01.39.54	10.13.15	4		Kyle Hodgson
	38	36	SM	Victor McLoughlin	00.49.59	04.36.01	03.15.20	01.37.57	10.19.17	4		Victor McLoughlin
	39	97	SM	Johan Potgieter	00.50.06	04.36.06	03.27.25	01.49.22	10.42.59	4		Johan Potgieter
	40	86	SM	Hans Combrink	00.50.36	04.36.04	03.27.23	01.49.25	10.43.28	4		Hans Combrink
	41	92	SM	Leonard Wessels	00.53.19	04.04.33	04.06.50	01.41.55	10.46.37	4		Leonard Wessels
	42	352	SM	Kosie Zondagh	00.57.41	04.42.26	03.40.15	01.41.00	11.01.22	4		
	43	441	SM	Robert Le Brun	00.46.25	05.57.27	04.26.16	02.15.50	13.25.58	4		
Category	Pos	No	Cat	Name	Pro	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
<b>Mafuta Solos</b>	1	76	MS	Harry Hinckeldeyn	00.49.33	03.27.25	02.42.27	01.22.06	08.21.31	4		Harry Hinckeldeyn
	2	42	MS	Andrew Hishin	00.52.59	04.05.02	03.04.28	01.38.01	09.40.30	4		Andrew Hishin
	3	55	MS	Mike Pretorius	00.53.35	04.36.15	02.51.38	01.20.52	09.42.20	4		Mike Pretorius
Category	Pos	No	Cat	Name	Pro	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
<b>ALL Solos</b>	1	119	SM	Ettiene Plaatjies	00.33.24	02.09.31	01.36.50	00.50.07	05.09.52	4		Ettiene Plaatjies
	2	84	SM	Prodigal Khumalo	00.32.30	02.09.49	01.44.04	00.51.07	05.17.30	4		Prodigal Khumalo
	3	16	SM	Johnny Young	00.33.23	02.25.08	01.48.46	00.51.06	05.38.23	4		Johnny Young
	4	107	SM	Morne Van Greunen	00.35.29	02.25.09	01.57.50	00.56.05	05.54.33	4		Morne Van Greunen
	5	57	SM	Jacques Mouton	00.37.44	02.28.10	02.10.49	01.07.00	06.23.43	4		Jacques Mouton
	6	63	SM	Sean Cowgill	00.40.55	02.48.19	02.12.02	01.02.49	06.44.05	4		Sean Cowgill
	7	14	SW	Leilani Scheffer	00.39.00	02.55.17	02.11.01	01.02.38	06.47.56	4		Leilani Scheffer
	8	105	SM	Samuel Botha	00.39.35	02.58.48	02.16.47	01.01.06	06.56.16	4		Samuel Botha
	9	27	SW	Jacoline Haasbroek	00.42.45	02.53.29	02.14.07	01.06.31	06.56.52	4		Jacoline Haasbroek
	10	24	SM	Steven Buhr	00.41.23	02.58.39	02.19.17	01.03.46	07.03.05	4		Steven Buhr
	11	50	SM	Graeme Gill	00.40.06	02.54.40	02.27.24	01.05.27	07.07.37	4		Graeme Gill
	12	87	SW	Lisl Grobler	00.42.29	02.59.29	02.20.02	01.09.40	07.11.40	4		Lisl Grobler
	13	31	SM	Alvaro De Nobrega	00.39.38	03.08.16	02.24.30	01.06.23	07.18.47	4		Alvaro De Nobrega
	14	85	SW	Stephanie Damalis	00.42.09	03.00.17	02.26.32	01.10.49	07.19.47	4		Stephanie Damalis
	15	13	SM	Jonathan Sydow	00.44.23	03.06.37	02.23.35	01.13.04	07.27.39	4		Jonathan Sydow
	16	99	SM	Pieter Fortuin	00.47.13	03.04.30	02.32.01	01.07.34	07.31.18	4		Pieter Fortuin
	17	15	SW	Herme Visser	00.43.05	03.14.05	02.27.17	01.09.43	07.34.10	4		Herme Visser
	18	521	SM	Mark Huppelshoten	00.42.35	03.14.06	02.30.36	01.08.03	07.35.20	4		
	19	113	SM	Stephen Courtney	00.36.57	03.14.31	02.57.17	00.56.52	07.45.37	4		Stephen Courtney
	20	103	SM	Arrie Pieterse	00.46.49	03.15.11	02.30.53	01.13.59	07.46.52	4		Arrie Pieterse
	21	71	SW	Lisa Low	00.41.21	03.07.26	02.35.55	01.22.13	07.46.55	4		Lisa Low
	22	21	SM	Riaan Wolfaardt	00.45.21	03.17.41	02.37.43	01.13.00	07.53.45	4		Riaan Wolfaardt
	23	54	SW	Dane Jordaan	00.43.22	03.28.55	02.29.28	01.13.08	07.54.53	4		Dane Jordaan
	24	37	SM	Bernard Playdon	00.48.51	03.20.56	02.39.25	01.08.44	07.57.56	4		Bernard Playdon
	25	28	SW	Annie Dower	00.52.31	03.26.21	02.30.04	01.13.10	08.02.06	4		Annie Dower
	26	79	SM	Lionel Kroon	00.48.43	03.31.40	02.41.06	01.18.24	08.19.53	4		Lionel Kroon
	27	118	SW	Victoria Bennetts	00.48.07	03.35.40	02.37.55	01.18.41	08.20.23	4		Victoria Bennetts
	28	76	MS	Harry Hinckeldeyn	00.49.33	03.27.25	02.42.27	01.22.06	08.21.31	4		Harry Hinckeldeyn
	29	116	SM	Ryno Bakkes	00.46.35	03.48.40	02.42.10	01.14.50	08.32.15	4		Ryno Bakkes
	30	67	SW	Maresa Ah Kun	00.49.53	03.42.42	02.37.55	01.22.43	08.33.13	4		Maresa Ah Kun
	31	61	SM	Stef Lategan	00.49.05	03.32.07	02.53.34	01.29.34	08.44.20	4		Stef Lategan
	32	26	SM	Riaan Müller	00.48.07	03.36.10	02.53.38	01.27.28	08.45.23	4		Riaan Müller
	33	120	SW	Teresa Bester	00.49.08	03.35.01	02.53.06	01.28.50	08.46.05	4		Teresa Bester
	34	95	SM	Estienne Venter	00.48.32	03.46.13	03.03.18	01.28.59	09.07.02	4		Estienne Venter
	35	232	SM	Chris Van Der Walt	00.47.44	03.51.44	03.03.45	01.26.42	09.09.55	4		
	36	12	SW	Nicole Faul	00.49.41	03.49.21	03.02.58	01.28.17	09.10.17	4		Nicole Faul
	37	68	SM	Denzil Kennon	00.51.39	03.48.49	03.02.30	01.34.44	09.17.42	4		Denzil Kennon
	38	49	SM	Lloyd Martindale	00.54.04	03.52.02	02.59.47	01.36.31	09.22.24	4		Lloyd Martindale
	39	35	SM	Robert De Reuck	00.45.37	04.36.03	02.36.03	01.26.43	09.24.26	4		Robert De Reuck
	40	65	SM	Peter Hathorn	00.54.59	04.05.28	02.54.41	01.31.41	09.26.49	4		Peter Hathorn
	41	38	SM	Joseph Labuschagne	00.48.04	04.07.23	02.59.47	01.35.48	09.31.02	4		Joseph Labuschagne
	42	70	SM	Martin Groenewald	00.51.13	04.02.54	03.02.30	01.34.43	09.31.20	4		Martin Groenewald
	43	114	SW	Ingrid Courtney	00.51.32	04.15.03	02.57.15	01.28.18	09.32.08	4		Ingrid Courtney
	44	39	SM	Shawn Dall	00.47.53	04.02.26	03.02.25	01.39.39	09.32.23	4		Shawn Dall
	45	43	SM	Jonathan Monk	00.51.24	04.09.01	02.59.46	01.33.17	09.33.28	4		Jonathan Monk
	46	89	SW	Jacqueline Vockins	00.53.55	04.03.10	03.04.58	01.31.47	09.33.50	4		Jacqueline Vockins
	47	90	SM	Donald Mouton	00.50.26	03.58.32	03.08.14	01.39.50	09.37.02	4		Donald Mouton
	48	123	SM	Graham Bird	00.50.05	04.19.46	02.47.35	01.41.41	09.39.07	4		Graham Bird
	49	42	MS	Andrew Hishin	00.52.59	04.05.02	03.04.28	01.38.01	09.40.30	4		Andrew Hishin
	50	55	MS	Mike Pretorius	00.53.35	04.36.15	02.51.38	01.20.52	09.42.20	4		Mike Pretorius
	51	73	SW	Amanda Shaw	00.52.45	04.18.08	02.58.00	01.35.31	09.44.24	4		Amanda Shaw
	52	64	SW	Katherine Nardish	00.55.55	04.18.23	02.58.00	01.35.31	09.47.49	4		Katherine Nardish
	53	117	SW	Lindre Fouchee	00.52.15	04.06.59	03.25.21	01.35.46	10.00.21	4		Lindre Fouchee
	54	66	SM	Justin Sparg	00.51.16	04.15.17	03.25.52	01.28.03	10.00.28	4		Justin Sparg
	55	11	SW	Carin Schrader	00.50.53	04.30.08	03.06.18	01.33.39	10.00.58	4		Carin Schrader
	56	82	SM	Jan-Hugo Fyfer	00.50.21	04.18.11	03.08.27	01.44.13	10.01.12	4		Jan-Hugo Fyfer
	57	19	SM	Peter Pretorius	00.52.58	04.18.38	03.24.35	01.30.15	10.06.26	4		Peter Pretorius
	58	25	SM	Kyle Hodgson	00.50.55	04.07.47	03.34.39	01.39.54	10.13.15	4		Kyle Hodgson
	59	72	SW	Estelle Wiid	00.54.50	04.22.43	03.21.39	01.34.33	10.13.45	4		Estelle Wiid
	60	36	SM	Victor McLoughlin	00.49.59	04.36.01	03.15.20	01.37.57	10.19.17	4		Victor McLoughlin



# Fairview Dryland Traverse Adventure Trail Run

02 November 2014



## Final Results - General Classification to Stage 3

De Hoek - Swartberg

Category	Pos	No	Cat	Name	Pro1	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
	61	108	SW	Anella Conradie	00.52.29	04.35.59	03.15.19	01.37.54	10.21.41	4		Anella Conradie
	62	60	SW	Emily Smith	01.00.26	04.07.48	03.34.39	01.39.57	10.22.50	4		Emily Smith
	63	45	SW	Gill Lumley	00.57.59	04.35.56	03.15.18	01.37.54	10.27.07	4		Gill Lumley
	64	58	SW	Andri Bezuidenhout	00.54.55	04.18.21	03.26.19	01.48.07	10.27.42	4		Andri Bezuidenhout
	65	97	SM	Johan Potgieter	00.50.06	04.36.06	03.27.25	01.49.22	10.42.59	4		Johan Potgieter
	66	86	SM	Hans Combrink	00.50.36	04.36.04	03.27.23	01.49.25	10.43.28	4		Hans Combrink
	67	92	SM	Leonard Wessels	00.53.19	04.04.33	04.06.50	01.41.55	10.46.37	4		Leonard Wessels
	68	104	SW	Allison Pledger	00.54.41	04.36.07	03.27.25	01.49.20	10.47.33	4		Allison Pledger
	69	98	SW	Ezbe Van Aardt	00.55.12	04.36.07	03.27.25	01.49.24	10.48.08	4		Ezbe Van Aardt
	70	47	SW	Yolande Van Der Walt	00.56.34	04.38.15	03.26.20	01.49.09	10.50.18	4		Yolande Van Der Walt
	71	352	SM	Kosie Zondagh	00.57.41	04.42.26	03.40.15	01.41.00	11.01.22	4		
	72	18	SW	Debby Hendricks	00.56.38	05.05.24	03.23.14	01.46.18	11.11.34	4		Debby Hendricks
	73	33	SW	Sandra Lombard	01.01.48	04.45.43	03.38.21	01.52.34	11.18.26	4		Sandra Lombard
	74	62	SW	Bonnie Boshoff	01.08.47	05.32.27	03.56.49	01.52.34	12.30.37	4		Bonnie Boshoff
	75	59	SW	Susan Parker-Smith	01.08.05	05.34.10	04.07.02	02.04.57	12.54.14	4		Susan Parker-Smith
	76	124	SW	Sanet Du Toit	01.06.22	05.26.35	04.25.01	02.23.59	13.21.57	4		Sanet Du Toit
	77	441	SM	Robert Le Brun	00.46.25	05.57.27	04.26.16	02.15.50	13.25.58	4		
	78	53	SW	Colleen Rees	01.06.20	06.58.16	03.45.00	01.53.17	13.42.53	4		Colleen Rees
	79	56	SW	Amanda Pieterse	01.06.20	06.58.16	03.45.00	01.53.17	13.42.53	4		Amanda Pieterse
	80	44	SW	Tracy Pringle	01.11.36	06.07.58	04.18.52	02.05.03	13.43.29	4		Tracy Pringle
	81	41	SW	Wendy Mcloughlin	01.12.06	06.07.58	04.18.56	02.05.02	13.44.02	4		Wendy Mcloughlin
	82	52	SW	Daleen Erasmus	01.15.57	07.00.14	05.31.18	02.44.56	16.32.25	4		Daleen Erasmus
	83	109	SW	Carol Cooper	01.18.56	07.00.45	05.31.18	02.44.56	16.35.55	4		Carol Cooper
Category	Pos	No	Cat	Name	Pro1	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
<b>Individual Women</b>	1	11	IW	Odessa Perelson	00.44.17	03.46.54	03.19.04	01.12.19	09.02.34	4		
	2	251	IW	Susan Doubell	01.00.55	05.19.21	02.42.13	01.26.27	10.28.56	4		
	3	842	IW	Zonia Scheffer	01.02.31	04.37.15	03.36.53	01.48.38	11.05.17	4		
Category	Pos	No	Cat	Name	Pro1	Stage 1	Stage 2	Stage 3	Total	Stage	Note	Team Runners
<b>Individual Men</b>	1	431	IM	Mark Ferreira	01.01.44	05.57.21	04.13.40	02.15.49	13.28.34	4		